



THE FRESH KITCHEN



healthy living



BREAKFAST

8AM-2PM

HAM & SWISS CROISSANT

BREAKFAST SANDWICH ON CROISSANT

BREAKFAST MALLORCA

SMOKED SALMON BAGEL

TURKEY AVOCADO

BREAKFAST PANINI

BREAKFAST AVOCADO TOAST W/FETA CHEESE CRUMBS

NOT YOUR AVERAGE AVO TOAST

STRAWBERRY CHEESECAKE OVERNIGHT OATS

VANILLA BEAN & BLUEBERRY

BANANA NUT BREAD



BOWL LUXE ACAI BAR

8AM-3:30PM

THE BOWL LUXE

ACAI BASE, VANILLA CHIA SEED PUDDING, STRAWBERRY, BANANA, BLUEBERRY, SUPER SEEDS, COCONUT FLAKES, HONEY GRANOLA, HONEY & ALMOND BUTTER

THE ESTHER BOWL

ACAI BASE, STRAWBERRY, BANANA, KIWI, CHOCOLATE CHIP COOKIE GRANOLA, CHIA SEEDS, COCONUT FLAKES, COCONUT CONDENSED MILK, HONEY

THE RUTH BOWL

ACAI BASE, STRAWBERRY, BLUEBERRY, COCOA GRANOLA, SLICED ALMONDS, NUTELLA, HONEY, SUPER SEEDS

CREATE YOUR OWN BOWL

ACAI BASE-

AUTHENTIC ORGANIC BRAZILIAN ACAI, SOURCED FROM THE AMAZON RAINFOREST

- (1) PUDDING: MATCHA CHIA PUDDING, VANILLA BEAN CHIA PUDDING
- (2) FRUITS: STRAWBERRY, BLUEBERRY, BANANA, KIWI
- (2) SPREADS: ALMOND BUTTER, PEANUT BUTTER, HONEY, SWEETENED COCONUT CONDENSED MILK (VG), NUTELLA, CONDENSED MILK
- (4) TOPPINGS: CHIA SEEDS, HONEY GRANOLA, SLICED ALMONDS, SUPER SEEDS, COCONUT FLAKES, PURE ELIZABETHS CHOCOLATE CHIP GRANOLA, CACOA GRANOLA,

ADDITIONAL CHARGE FOR EXTRA TOPPINGS

*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.